







# Convenient ways to refer your patients to a National Diabetes Prevention Program (National DPP) lifestyle change program\*

	Our Community Health Initiative (OCHI)	DPP Navigator	NCCARE360
 <b>DESCRIPTION</b>	Platform with automated phone menu that allows clinicians to refer patients to community-based organizations offering virtual National DPP lifestyle change programs.	Channel that allows clinicians to refer patients to virtual National DPP lifestyle change programs.	Platform that allows clinicians to connect patients with social services, including virtual National DPP lifestyle change programs.
 <b>PATIENT COMMITMENT</b>	A National DPP lifestyle change program that has free or low-cost options available with one year of interactive classes and individual coach support		
 <b>CLASS LOCATIONS</b>	Virtual programs allow patients to participate in classes from their own home		
 <b>REFERRAL METHOD</b>	<ol style="list-style-type: none"> <li>1. EHR direct message</li> <li>2. IVR (Interactive Voice Response) —automated phone menu initiating patient notification of referral</li> </ol>	<ol style="list-style-type: none"> <li>1. Clinician fax or email</li> <li>2. Patient self-referral via phone</li> </ol>	NCCARE360 platform
 <b>BIDIRECTIONAL FEEDBACK</b>	You may receive feedback on your patient's enrollment and program status, depending on the platform		
 <b>GETTING STARTED</b>	<b>Check to see if your office is connected.</b> If not, contact Franklin Walker at (919) 833-3836 or fwalker@ncmedsoc.org.	<b>Create a compliant referral form</b> working with your internal departments (e.g., legal, risk, IT). OR <b>Have your patient call the DPP Navigator</b> at (844) 328-0021 to self-refer.	<b>Check to see if your office is connected.</b> If not, request to join at <a href="https://nccare360.org/join">https://nccare360.org/join</a> .

All referral platforms may not be available in your region. For more information, visit [ReversePrediabetesNC.org](https://ReversePrediabetesNC.org).

\*This document is not intended as a substitute for the medical advice of a physician; it offers no diagnoses or prescription. No endorsement is implied or intended by the American Medical Association or the North Carolina Medical Association of any third-party organization, product, drug, or service. Adherence to a lifestyle change program may not achieve desired diabetes results in every situation. The ultimate judgment regarding the appropriateness of any specific therapy must be made by the physician and the patient in light of all the clinical factors. This document reflects the best available evidence at the time that it was prepared, and it is the clinician's responsibility to be aware of any studies that may require changes to this protocol. The patient should check with their insurance provider for exact lifestyle change program costs and/or rates.